

**GASTROENTEROLOGY ASSOCIATES OF CENTRAL JERSEY, P.A.**  
1931 OAK TREE ROAD, SUITE 202 EDISON, N.J. 08820  
Phone 732-744-9090 Fax 732-744-1592 Web : *www.gacj.net*  
ANDREW S. BAIK, M.D. DANIEL A. BAIK, M.D. MEET PARIKH, D.O.

**FLEXIBLE SIGMOIDOSCOPY PREPARATION**

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**DATE:** \_\_\_\_\_ **REGISTRATION TIME:** \_\_\_\_\_

**LOCATION:**  Oak Tree Surg. Ctr., 1931 Oak Tree Rd. Edison, N.J. 08820 Main Level  
Please call the surgery center upon arrival in the parking lot for further instructions.  
(732)603-8603  
 Saint Peter's University Hospital 254 Easton Ave, New Brunswick, NJ 08901

The following items ***must be purchased from*** your local pharmacy for your preparation:

➤ **TWO (2) FLEET Ready-to-use Enema (4 ½ fl.oz.) [over-the-counter]**

**DAY BEFORE EXAMINATION:**

1. Have a normal breakfast, lunch, and dinner. No food or drinks allowed after midnight.

**DAY OF EXAMINATION:**

1. DO NOT EAT OR DRINK ANYTHING THIS DAY!!  
2. At **A.M.** use the **TWO (2) FLEET ENEMAS** before leaving for the examination.

- ❖ **NO BLOOD THINNERS** (i.e. COUMADIN, PLAVIX, HEPARIN, etc.)  
**OR ASPIRIN PRODUCTS** (i.e. ALLEVE, ADVIL, MOTRIN, BAYER, ECOTRIN etc.)  
**FIVE DAYS PRIOR TO TEST.**  
It is OK to continue baby aspirin if you take this medication on a daily basis.
- ❖ **TYLENOL** (and other brands which contain ACETAMINOPHEN) IS **O.K. TO TAKE!!!**
- ❖ **YOU MUST HAVE SOMEONE TO DRIVE YOU HOME.**
- ❖ **PLEASE LEAVE ALL JEWELRY AT HOME.**
- ❖ **PLEASE BRING YOUR INSURANCE CARD & PHOTO ID.**
- ❖ **PLEASE BRING COMPLETED PATIENT INFORMATION PACKET (IF NEEDED).**

Please be aware that this procedure will be taking place at an ambulatory surgical center. Therefore, please be advised that all of your AMBULATORY SURGICAL IN-NETWORK BENEFITS such as co-pays, deductibles, and co-insurances will apply. We strongly recommend that you contact your insurance company to most accurately verify your benefits. **This is NOT an office procedure.**